



# 14th Pan American Wushu Championships

Wushu, KungFu, Taiji, Shaolin, Wing Chun, Choy Li Fut, Sanda  
Pan American Judge and Coach  
Certification Courses



## PAWF

Hosted By:  
Pan American  
Wushu Federation  
August 29- September 2  
CA USA



Organized By:  
United States of American  
Wushu-Kungfu Federation



LOC Organization:  
World Taiji Science  
Federation



LOC Sponsor:  
KungFuDirect.com  
Wushu Supply Store

[www.GoWushu.com](http://www.GoWushu.com)

WELCOME TO THE  
NATIONAL WUSHU TEAMS  
FROM THE PAN-AMERICAN REGION

¡BIENVENIDO/A!  
BEM-VINDO/A!  
BIENVENUE!  
WELKOM!



# Pan American *Wushu* Championships



第十四届泛美武术锦标赛



Competition: August 29-September 2, 2024  
Place: Santa Clara convention center, Santa Clara, CA. USA

Eligibility: Participation is limited to countries in the Pan American region; Must be a citizen of the country represented, Must register through National Federation.  
US Team Participants must go through the selection trials, be valid members of USAWKF, and register through the USAWKF Federation.

Registration starts on June 20, 2024, and ends on July 16, 2024.

Competition Website: [www.GoWushu.com](http://www.GoWushu.com)



HOSTED BY: PAWF / ORGANIZED BY: USAWKF / LOC GROUP: WTSF



**Welcome Message  
from PAWF  
President  
Mr. Anthony Goh**



Pan American Wushu  
Federation (PAWF)  
7710 Harford Road,  
Baltimore,  
Maryland 21234, USA  
Tel: +1 (410) 444-6666  
Fax: +1 (410) 426-5524

**Dear Participants, Officials, Coaches, and Friends,**

Welcome to the 14th Pan American Wushu Championships in Santa Clara, California!

As we gather for this esteemed event, our shared passion for Wushu brings us together from across the Americas. At the Santa Clara Convention Center, athletes from North, Central, and South America will proudly showcase our vibrant martial arts heritage.

Since 1995, the Pan American Wushu Federation (PAWF) has been instrumental in fostering Wushu's growth, nurturing athletes and fostering camaraderie across borders. With nearly two dozen member countries, PAWF stands as a testament to our strong Wushu family, celebrating athleticism and honoring our rich cultural practices.

My sincere thanks to the Taiji Science Federation for organizing this championship, and to the judges, officials, and volunteers for their dedication. Santa Clara awaits with warm hospitality, providing a picturesque backdrop for competition and camaraderie.

Best wishes to all athletes participating in the 3rd Pan American Kungfu & Taijiquan Championships. Let's continue to uphold the spirit of Wushu and strengthen our bonds across the Pan American region.

Warm regards,

Anthony Goh  
President, Pan American Wushu Federation (PAWF)



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Wushu, KungFu, Taiji, Shaolin, Wing Chun, Choy Li Fut, Sanda



I. INTRODUCTION .....	Page 5
II. GENERAL SCHEDULE .....	Page 6
III. GENERAL CONTACT AND INFORMATION .....	Page 7 - 12
IV. DATES AND VENUE .....	Page 13 - 16
V. CONTEMPORARY TAOLU ADULT CHAMPIONSHIPS EVENTS .....	Page 17 - 19
VI. CONTEMPORARY TAOLU JUNIOR CHAMPIONSHIPS EVENTS .....	Page 19 - 21
VII. TRADITIONAL TAOLU DEMONSTRATION EVENTS .....	Page 22 - 25
VIII. ADULT SANDA CHAMPIONSHIPS EVENTS .....	Page 26 - 27
IX. JUNIOR SANDA CHAMPIONSHIPS EVENTS .....	Page 28 - 30
X. QUALIFICATIONS .....	Page 31
XI. REGISTRATION .....	Page 31 - 33
XII. ARRIVAL & ACCREDITATION .....	Page 33 - 34
XIII. PARTICIPATION FEE AND PAYMENT METHODS .....	Page 34 - 36
XIV. TECHNICAL MEETING .....	Page 37
XV. DRAWING OF LOTS AND WEIGH IN .....	Page 37 - 38
XVI. TECHNICAL OFFICIALS & JURY OF APPEALS.....	Page 38 - 39
XVII. SUPERVISORY COMMISSION.....	Page 39 - 40
XVIII. COMPETITION OTHER REQUIREMENTS .....	Page 40 - 41
XIX. CONTACT ORGANIZATION COMMITTEE .....	Page 40



**PAWF**

# 14th Pan American Wushu Championships

**Wushu, KungFu, Taiji, Shaolin, Wing Chun, Choy Li Fut, Sanda**



## I. INTRODUCTION

The Pan American Wushu Championships (PAWC) is the highest-level intercontinental competition within the sport of wushu. This biennial event began in 1996 and always captures the excitement and range of wushu both in the action packed sanda bouts and the dynamic movements and distinct weaponry of taolu forms competition.

The scale of the 14<sup>th</sup> Pan American Wushu Championships (14th PAWC) in Santa Clara, California, USA will reflect the magnitude of the event. From August 29 through September 2, 2024, athletes from nearly 20 countries are expected to compete in Santa Clara as the culmination of their hard work and preparation. The city of Santa Clara, with the support of the United States of America Wushu Kungfu Federation (USAWKF) is responsible for organizing the 14th PAWC under the auspices of the Pan American Wushu Federation (PAWF). The PAWF Executive Board Meeting will be held on August 29th and the PAWF Congress will be held on August 30th in conjunction with the 14th PAWC.

# II. General Schedule



Date	Time	Content	Location
August 26, Monday	Whole Day	Judge and Coach Certification Course Check-in	Official Hotel TBD
August 27,28,29, Tues to Thur	3 Full Days	Judge and Coach Certification Course	
Before August 29	10:00 - 17:00	Earlier Check-ins at the LOC office are recommended	WTSF and KungFuDirect.com
August 29, Thursday	Whole Day	Team & Judge official Check in	Check-in at Exhibit Hall A Lobby first
	15:00 - 17:00	PAWF Executive Board Meeting	Check-in at Exhibit Hall A Lobby first
August 30, Friday	7:30 - 9:00	Sanda Weigh-in	Great American Ballroom
	9:30 - 17:00	Taolu, Sanda Team Training	Exhibit Halls Competition Venue
	10:00 - 12:00	PAWF Congress Meeting	Great American Ballroom
	13:00 - 14:00	Sanda Technical Meeting	Sanda Venue
	13:00 - 14:00	Taolu Technical Meeting	Competition Venue, Exhibit Hall A
	14:00 - 14:30	Sanda Drawing of Lots	Sanda Venue
	14:30 -15:30	All Judges Team Rehearsal All delegation flags and team banner barriers are set up for the opening ceremony rehearsal	Exhibit Hall Competition Venue
	17:00 -17:40	All teams should assemble for the opening ceremony.	
18:00 - 19:00	Opening Ceremony		
19:30 - 21:30	Teams and Masters' Exhibition		
August 31, Saturday	Whole Day	Taolu and Sanda competitions	Exhibit Hall Competition Venue
September 1, Sunday		Award Ceremonies	The competition is expected to conclude at 7 PM
September 2 Monday	Before 12:00	Departure	Official Hotels

### III. GENERAL CONTACT AND INFORMATION

#### A. General Contacts

##### PAWF Secretariat

Email: [pawf.secretariat@hotmail.com](mailto:pawf.secretariat@hotmail.com)

Organizer: USAWKF, [www.USAWKF.org](http://www.USAWKF.org)

LOC World Taiji Science Federation (WTSF)

LOC Email: [Forum@wtjsf.org](mailto:Forum@wtjsf.org) / Telephone: 001 408 582 8260

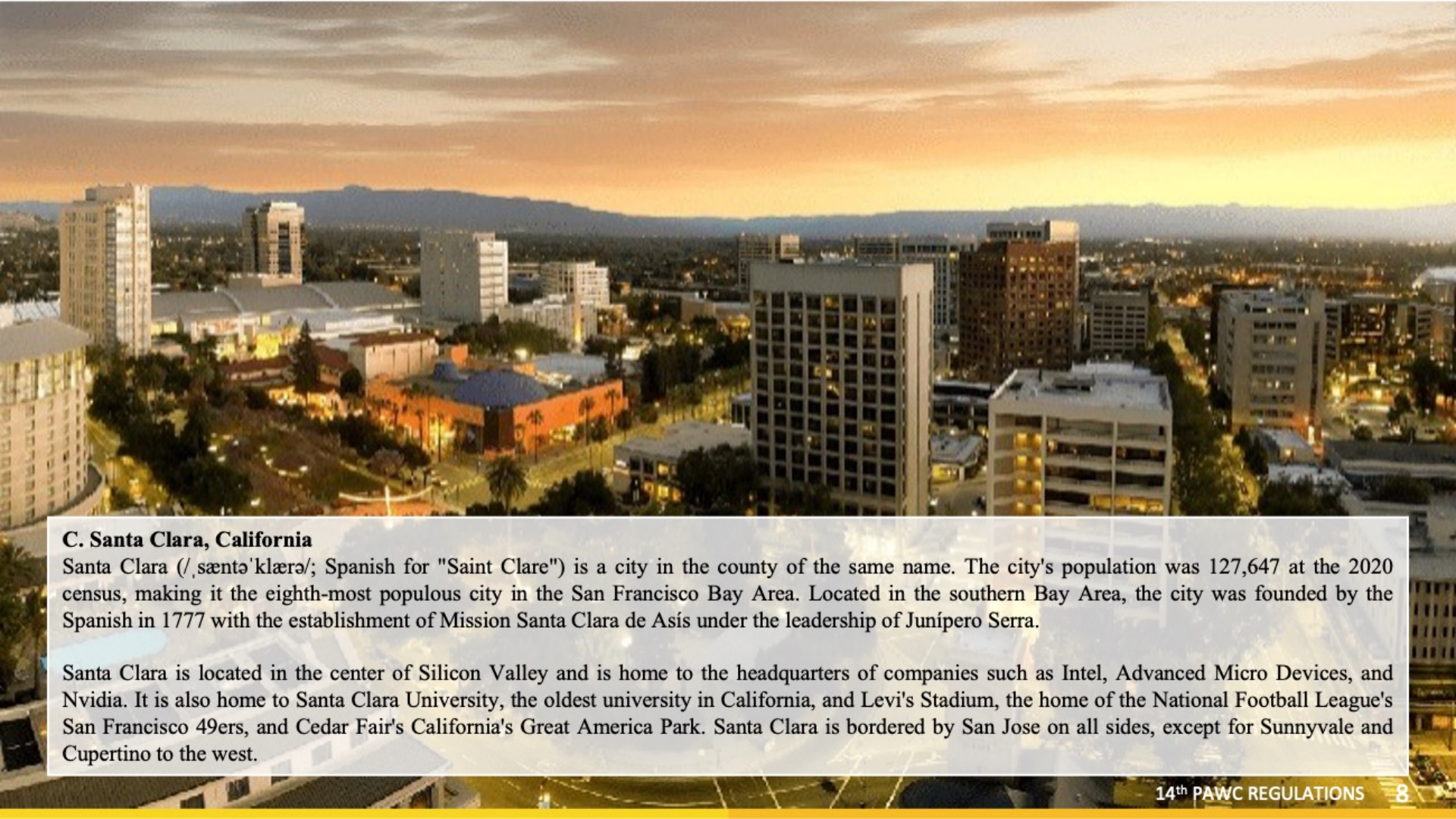
LOC Website [www.wtjsf.org](http://www.wtjsf.org) / Competition Website [www.GoWushu.com](http://www.GoWushu.com)

Competition Email [Info@Gowushu.com](mailto:Info@Gowushu.com) / Phone: 001 408 582 8269

#### B. The United States of America

The United States of America is a large country in North America, often referred to as "the USA", "the U.S.", "the United States", "the United States of America", "the States", or simply "America". Home to the world's third-largest population, with over 331 million people, it includes both densely populated cities with sprawling suburbs and vast, uninhabited natural areas.

With its history of mass immigration dating from the 17th century, it is a "melting pot" of cultures from around the world and plays a dominant role in the world's cultural landscape. It's home to a wide array of popular tourist destinations, ranging from the skyscrapers of Manhattan and Chicago to the natural wonders of Yellowstone and Alaska, to the warm, sunny beaches of Florida and Hawaii and the deserts of Arizona.

An aerial photograph of Santa Clara, California, taken during the golden hour of sunset. The city is densely packed with modern high-rise buildings and lower-rise structures. The sky is a mix of orange, yellow, and light blue, with soft clouds. In the background, rolling hills are visible under the fading light. The foreground shows a mix of urban development and greenery.

### **C. Santa Clara, California**

Santa Clara (/ˌsæntəˈklærə/; Spanish for "Saint Clare") is a city in the county of the same name. The city's population was 127,647 at the 2020 census, making it the eighth-most populous city in the San Francisco Bay Area. Located in the southern Bay Area, the city was founded by the Spanish in 1777 with the establishment of Mission Santa Clara de Asís under the leadership of Junípero Serra.

Santa Clara is located in the center of Silicon Valley and is home to the headquarters of companies such as Intel, Advanced Micro Devices, and Nvidia. It is also home to Santa Clara University, the oldest university in California, and Levi's Stadium, the home of the National Football League's San Francisco 49ers, and Cedar Fair's California's Great America Park. Santa Clara is bordered by San Jose on all sides, except for Sunnyvale and Cupertino to the west.





**Airport**  
San Francisco International Airport (SFO)  
30 min (29.4 mi) to official Hotel  
  
San Jose International Airport (SJC)  
9 min (5.9 mi)  
  
Oakland International Airport (OAK)  
32 min (32.2 mi)

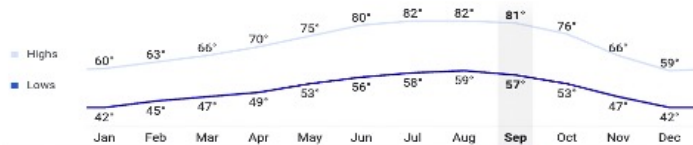


## Santa Clara, CA

Weather averages

Overview Graphs

Temperatures (°F)

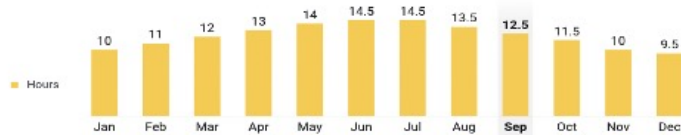


Rainfall (inches)



No snowfall recorded

Daylight



Source: NOAA

# Santa Clara weather year round

## Santa Clara, CA

Weather averages

Overview Graphs



Month	High / Low (°F)	Rain
September	81° / 57°	0 days
October	76° / 53°	2 days
November	66° / 47°	4 days
December	59° / 42°	6 days



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## F. Currency

The American currency is the Dollar, abbreviated as USD. All forms of payment will be accepted in USD ONLY. The currency exchange rates can be found on Google or this website: <https://www.oanda.com/currency-converter>

## G. Electricity

The electricity standard in the United States of America is 110-120V (60 Hz).

## H. Telephones

To call the United States of America from abroad, dial +01 (Country code) followed by the three-digit area code, followed by the seven-digit local number.



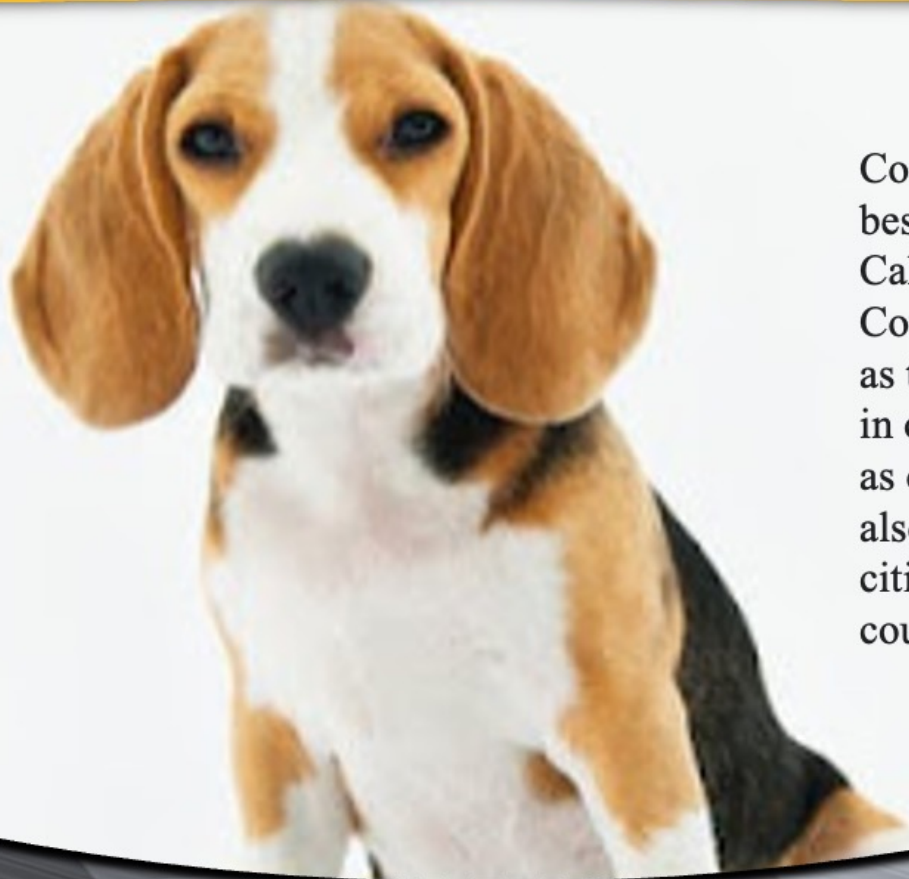
**PAWF**

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Is Santa Clara  
a good place to  
live?



Considered as one of the best places to live in California, Santa Clara County was also named as the best county to live in out of the whole state as of 2021. Santa Clara is also one of the safest cities and counties in the country.

## IV. DATES AND VENUE

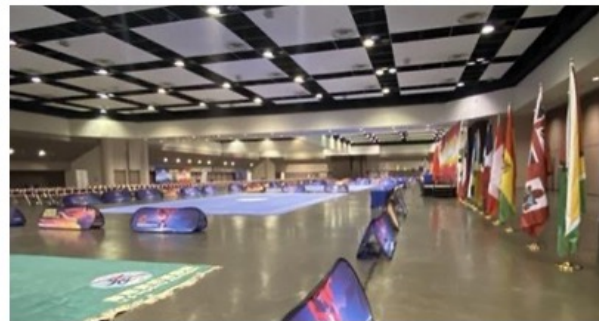
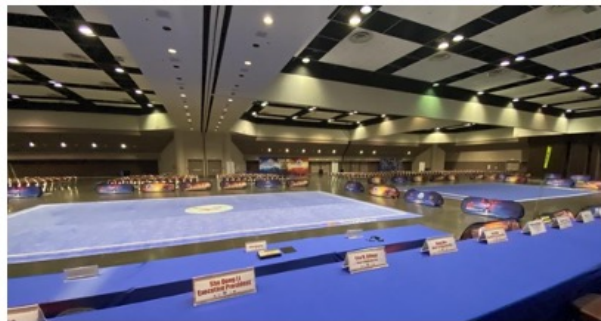
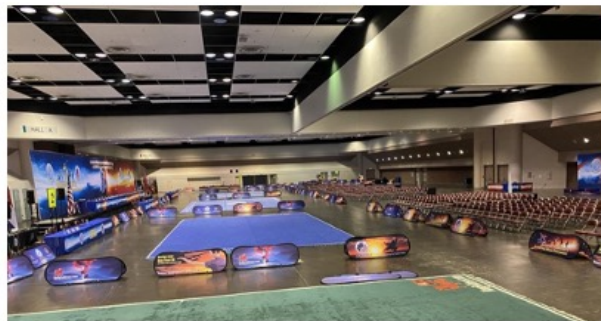


**TEAM CHECK-IN: AUG 29, 30, and DEPARTURE SEP 2, 2024**

**COMPETITION DATES: AUG 31 to SEP 1, 2024**

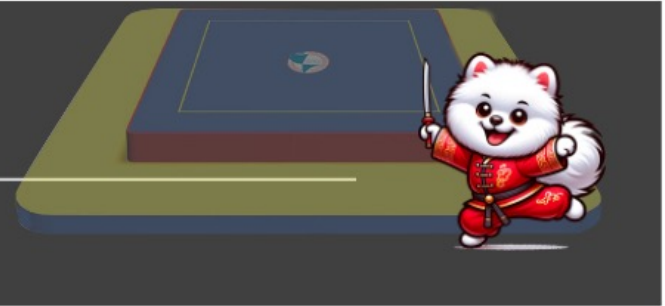
**VENUE: Santa Clara Convention Center 5001 Great America Parkway, Santa Clara, CA 95054**

**Final Entry Deadline: July 16, 2024**



# Competition Venue

Exhibit Hall A,B, C, and D



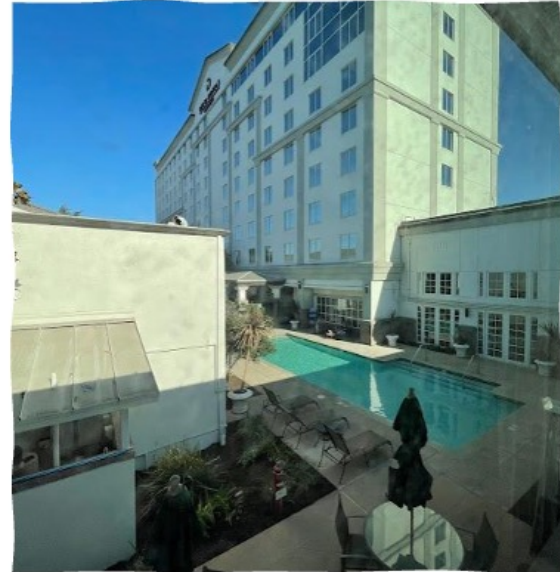
# OFFICIAL HOTELS

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## Hyatt Regency Santa Clara

5101 Great America Pkwy,  
Santa Clara, CA 95054



## Delta Hotels Santa Clara

2151 Laurelwood Road,  
Santa Clara, California 95054



# 14th Pan American Wushu Championships

Wushu, KungFu, Taiji, Shaolin, Wing Chun, Choy Li Fut, Sanda



## PAWC



CONTEMPORARY TAOLU  
ADULT EVENTS



CONTEMPORARY TAOLU  
JUNIOR EVENTS



Chen Taiji  
Yang Taiji  
Wu Taiji



Wing Chun  
Choy Li Fut  
Shaolin

Sanda

PAWF Wushu Judge and Coach  
Certification Course





# 14th PAWC Regulations



## V. CONTEMPORARY TAOLU ADULT CHAMPIONSHIPS EVENTS

### A. Championships Events

1. Optional Bare-hand Routines: Changquan, Nanquan, Taijiquan
2. Optional Short Weapon Routine: Daoshu, Jianshu, Nandao, Taijijian
3. Optional Long Weapon Routine: Gunshu, Qiangshu, Nangun
4. Duilian involving 2–3 athletes, comprising either 1 men's Duilian or 1 women's Duilian, cannot be mixed.

### B. Participation Methods

1. Each country may enter one (1) Adult Taolu team.
2. Each team shall be composed of maximum twenty-eight (28) members, including one (1) Adult Taolu team leader, two (2) coaches, one (1) doctor, twenty four (24) competitors: twelve (12) men and twelve (12) women.
3. Each competitor may enter a maximum four (4) Taolu Competition Events  
One (1) Bare-Hand routine; Two (2) Weapon routines; One (1) Duilian routine;
4. The final entry deadline for the full team is July 16, 2024. Registration for the degree of difficulty and compulsory content for optional routines is due on August 7, 2024.
5. Prior to the start date of the competition, each competitor must have proof of valid accident insurance for the duration of the event. Additionally, each competitor must bring along a valid health certificate (including electrocardiogram, pulse, and blood pressure) signed by a qualified doctor within 30 days of their stay in California, USA. All competitors must also submit a completed and signed waiver of liability form.
6. All contemporary Adult athletes are allowed to participate in the traditional demonstration category, with no limit on the number of traditional events they can enter.



**CONTEMPORARY  
TAOLU  
ADULT EVENTS**



# 14th PAWC Regulations



## C. Competition Methods

1. Competition includes individual and Duilian competition.
2. Unless otherwise stated within these regulations, the competition will be conducted in accordance with the “2019 IWUF Wushu Taolu Competition Rules & Judging Methods”.
3. The power of interpretation of the Rules rests solely with the PAWF.
4. Optional Events: These divisions will implement the “Scoring Method and Criteria for Degree of Difficulty of Movements of Optional Routines”.
  - Optional Events: Within a single routine, an athlete may register and perform a degree of difficulty jumping technique of the same grade at most two (2) times, however in such cases the degree of difficulty connection technique for these jumps may not be repeated. (e.g. within a single optional routine an athlete may register and perform XuànFēngJiǎo360° (Tornado Kick 360°) at most two (2) times, but the degree of difficulty connection techniques for these may not be the same, they should be two (2) different connection techniques.
5. All athletes are required to execute their optional routine’s relevant compulsory/mandatory techniques as stipulated in the rules. Failure to do so will result in deductions as stated in the rules.
6. Accompanying music is required for Taijiquan and Taijijian optional routines which must be email to (LOC) at [Kungfudirect@gmail.com](mailto:Kungfudirect@gmail.com). Music with vocals and lyrics is not permitted.
7. All contemporary Adult athletes are allowed to participate in the traditional demonstration category, with no limit on the number of traditional events they can enter.

## D. Costumes & Equipment

1. Competitors shall wear Wushu competition costumes in compliance with the Rules during all events. This must be brought & prepared by the competitors themselves.



**CONTEMPORARY  
TAOLU  
ADULT EVENTS**



# 14th PAWC Regulations



2. All weapons must conform to the requirements as stipulated in the Rules. This must be provided by the competitors.

## E. Placing & Awards

Athlete rankings are determined by subtracting one from the number of participants in the same group. The top eight athletes or Duilian Groups can receive electronic certificates, while the top three athletes or Duilian Groups will receive electronic certificates and gold, silver, or bronze medals, respectively. Only events with more than one participant will be ranked. Electronic certificates can be downloaded from each team's registered account.

## VI. CONTEMPORARY TAOLU JUNIOR CHAMPIONSHIPS EVENTS

### A. Competition Events

1. Group A: Changquan, Daoshu, Jianshu, Qiangshu, Gunshu, Taijiquan, Taijijian, Nanquan, Nandao, Nangun, **Taijisan**, Duilian. (Athletes are permitted to either perform the 3rd set of International Competition Routines).
2. Group B: Changquan, Daoshu, Jianshu, Qiangshu, Gunshu (1st Set of International Competition Routine), 42 Forms Taijiquan, 42 Forms Taijijian, Nanquan, Nandao, Nangun (International Compulsory Routine).
3. Group C: Changquan (No. 3 Elementary Routine), Nanquan (IWUF Elementary Routine), Taijiquan (24 movements), Daoshu, Jianshu, Nandao (IWUF Elementary Routine), Taijijian (32 movements) Qiangshu, Gunshu (IWUF Elementary Routine), and Nangun (IWUF Elementary Routine).

### B. Participation Methods

1. Each country may enter one (1) Junior Taolu team.
2. Each Junior Taolu team shall be composed of maximum **(125)** members, including one Junior Taolu team leader, two coaches, one doctor, and following competitors:



## CONTEMPORARY TAOLU JUNIOR EVENTS



# 14th PAWC Regulations



- a. Group A: 18 competitors (9 boys and 9 girls, who were born between January 1, 2006 – December 31, 2009)
- b. Group B: 12 competitors (6 boys and 6 girls, who were born between January 1, 2010 – December 31, 2012)
- c. Group C: 12 competitors (6 boys and 6 girls, who were born January 1, 2013, or later)
3. Each competitor of Group A may enter a maximum four (4) Competition Events (1 Empty Hand Routine, 1 Short Weapon Routine, 1 Long Weapon Routine, and 1 Duilian Event).
4. Each competitor of Group B may enter a maximum three (3) Competition Events (1 Empty Hand Routine, 1 Short Weapon Routine, and 1 Long Weapon Routine).
5. Each competitor of Group C may enter a maximum three (3) Competition Events (1 Empty Hand Routine, 1 Short Weapon Routine, and 1 Long Weapon Routine).
6. A competitor cannot compete in both the junior and adult divisions.
7. Each team may at most enter one duilian events team for each division (boy's or girl's).
8. Each competitor should bring along with them a valid Health Certificate (including electrocardiogram, pulse and blood pressure) issued within 30 days prior to the start of the competition signed by a qualified doctor and a Life Accidental Injury Insurance Certificate. All competitors are required to submit a completed and signed waiver of liabilities form, which has been signed by the competitor's parent or legal guardian.

## C. Competition Methods

1. Competition includes individual and Duilian competition.
2. Unless otherwise stated within these regulations, the competition will be conducted in accordance with the 2019 IWUF Wushu Taolu Competition Rules & Judging Methods (Excerpt) and utilize the Non- Degree of Difficult Scoring Method (comprising of A Group – Quality of Movements Scoring & B Group – Overall Performance Scoring only).



## CONTEMPORARY TAOLU JUNIOR EVENTS



# 14th PAWC Regulations



## 3. Time Limits:

### a. Group A Compulsory Form Routines:

- For Changquan, Daoshu, Gunshu, Jianshu, Qiangshu, Nanquan, Nangun & Nandao, each routine's duration shall be no less than one minute and ten seconds (1min 10s).
- For Taijiquan and Taijijian, each routine's duration shall be between three (3) to four (4) minutes.

### b. Group B Taijiquan & Taijijian Routines:

- 42 Forms Taijiquan: 5-6 minutes; 42 Forms Taijijian Routine: 3-4 minutes.
- The duration for all other routines is one minute and ten seconds (1min 10s).

The power of interpretation of the Rules rests solely with the PAWC.

## D. Costumes and Equipment

1. Competitors shall wear Wushu competition costumes in compliance with the Rules during all events. This must be brought & prepared by the competitors themselves.
2. All weapons must conform to the requirements as stipulated in the Rules. This must be provided by the competitors.

## E. Placing and Awards.

Athlete rankings are determined by subtracting one from the number of participants in the same group. The top eight athletes or Duilian Groups can receive electronic certificates, while the top three athletes or Duilian Groups will receive electronic certificates and gold, silver, or bronze medals, respectively. Only events with more than one participant will be ranked. Electronic certificates can be downloaded from each team's registered account.



**Taijiquan**



**Wing Chun  
Choy Li Fut  
Shaolin**



# 14th PAWC Regulations



## VII. TRADITIONAL TAOLU COMPETITION EVENTS

### A. Traditional Taolu Event Age Group

Group A: 8 years of age and below (who were born January 1, 2016, or later );

Group B: From 9 to 11 years old (who were born between January 1, 2013 - December 31, 2015);

Group C: From 12 to 14 years old (who were born between January 1, 2010 - December 31, 2012);

Group D: From 15 to 17 years old (who were born between January 1, 2007 - December 31, 2009);

Group E: From 18 to 39 years old (who were born between January 1, 1985 - December 31, 2006);

Group F: From 40 to 59 years old (who were born between January 1, 1965 - December 31, 1984);

Group G: 60 years of age and above (Born on and before 1964).

### B. Traditional Taolu Divisions

#### 1. Shaolin Division:

a. Shaolinquan Routines: 1) Shaolin Hongquan, 2) Shaolin Luohanquan, 3) Other Shaolinquan

b. Shaolin Short Weapon Routines: 1) Shaolin Broadsword, 2) Shaolin Straight Sword, 3) Other Shaolin Short Weapon

c. Shaolin Long Weapon Routines: 1) Shaolin Staff, 2) Shaolin Spear, 3) Other Shaolin Long Weapons

d. Shaolin Soft Weapon Routines: 1) Shaolin Chain whip (double and single), 2) Shaolin Other Soft Weapons

#### 2. Other Northern Style Division (Xiangxing, Tongbei, Fanzi, Baji, Ditang, Chaquan, Huaquan, Paoquan, etc.)

a. Northern Style Bare hands Routine

b. Northern Style Short Weapon Routine

c. Northern Style Long Weapon Routine

d. Northern Style Soft Weapon Events



Taijiquan



Wing Chun  
Choy Li Fut  
Shaolin



# 14th PAWC Regulations



## 3. Yongchun (Wing Chun) Division

- a. Yongchun (Wing Chun) Barehand Routines: 1) Xiaoniantou (Siu Nim Tao), 2) Xunqiao (Chum Kiu, 3) Biaozi (Biu Jee)
- b. Yongchun (Wing Chun) Weapon Routines: 1) Bazhandao (Pah Cham Dao), 2) Liudianbangun (Luk Dim Boon Staff), 3) Murenzhuang (Muk Yan Jong)

## 4. Cailifo (Choy Lay Fut) Division

- a. Cailifo (Choy Lay Fut) Barehand Routines
- b. Cailifo (Choy Lay Fut) Short Weapon Routines
- c. Cailifo (Choy Lay Fut) Weapon Routines

## 5. Hung Gar and Other Southern Style Division:

- a. Southern Bare Hands Routines
- b. Southern Short Weapon Routines
- c. Southern Long Weapon Routines
- d. Southern Soft Weapon Routines

## 6. Taiji and Internal Division (Allowing the arrangement and combination on the basis of traditional routines)

- a. Taijiquan Routines : 1) Chen Taijiquan, 2) Yang Taijiquan 3) 24 Taijiquan, 4) 42 Taijiquan, 5) Other Style Taijiquan, 6) Bagua, Xingyi and Other Internal Barehand forms.
- b. Taiji Weapon Routines: 1) Chen Taijijian, 2) Yang Taijijian, 3) 32 Taijijian, 4) 42 Taijijian, 5) Other Taiji Weapons, 6) . Bagua, Xingyi, and Other Internal Weapon forms.

## 7. Traditional Duilian Division:

- a. KungFu Bare-hand Duilian Routines, b. KungFu Weapon duilian Routines, c. KungFu Bare-hand vs. weapon duilian Routines



**Taijiquan**



**Wing Chun  
Choy Li Fut  
Shaolin**



# 14th PAWC Regulations



- d. Taijiquan Duilian Routines
- e. Yongchun Sticking Hands Routines (Wing Chun Chi Sao Routines)
- f. Shaolinquan Duilian

## C. Participation Methods

1. Each country may enter one (1) Traditional Kungfu team.
2. Each team may consist of a maximum of one (1) team leader, four (4) coaches and one (1) doctor. There is no restriction on the number of athlete participants.
3. Each competitor may enter a maximum Taolu Competition Events.
  - Two (2) Bare-Hand routines;
  - Three (3) Weapon routines;
  - One (1) Duilian routine;

## D. Competition Methods

### 1. Competition Rules and Judging Methods

Unless otherwise stated within these regulations, the competition will be conducted in accordance with the: 2019 IWUF “Traditional Wushu Competition Rules and Judging Methods (Trial)”. The Rules and Methods may be interpreted solely at the discretion the PAWF. In the event of language discrepancies in the “Rules” and “Methods”, the English version shall prevail.

### 2. Events Time Limits

- a. For Routine Traditional Chen Style Taijiquan, Traditional Yang Style Taijiquan, Other Traditional Taijiquan, and 42 Movements Taijiquan, the time duration is between 5 and 6 minutes in total. For 24



**Taijiquan**



**Wing Chun  
Choy Li Fut  
Shaolin**





# 14th PAWC Regulations



Movements Taijiquan, the routine time duration is between 4 and 5 minutes in total. For all Taijijian and Weapon Forms, the routine time duration is between 3 and 4 minutes in total.

- b. For Shaolin and Other Northern Style, Barehand, and Weapon Forms the routine time duration is between 40 seconds and 1 minutes 30 seconds in total.
- c. For all Southern style Barehand forms and Weapon forms the routine time duration is between 40 seconds and 1 minutes 30 seconds in total.

### 3. Event Consolidation

- a. In each individual event, if the number of male or female participants is three or fewer (inclusive), the organizing committee may merge similar events of the same category, age group, and gender.
- b. The organizing committee has the authority to arrange multiple athletes to compete simultaneously on the same venue based on actual venue and timing requirements.

### 4. Uniform and Equipment

- a. Competitors shall wear Wushu competition costumes in compliance with the Rules during all events. This must be brought & prepared by the competitors themselves.
- b. All weaponry must conform to the requirements as stipulated in the Rules. This must be provided by the competitors.

### 5. Placing and Awards

Athlete rankings are determined by subtracting one from the number of participants in the same group. The top eight athletes or Duilian Groups can receive electronic certificates, while the top three athletes or Duilian Groups will receive electronic certificates and gold, silver, or bronze medals, respectively. In case of tied scores, the rankings remain tied and do not affect the following rankings. Only events with more than one participant will be ranked. Electronic certificates can be downloaded from each team's registered account.



**Taijiquan**





# 14th PAWC Regulations



## VIII. ADULT SANDA CHAMPIONSHIPS EVENTS

### A. Adult Sanda Championships Weight Classes

1. Men's Sanda Events: 48kg, 52kg, 56kg, 60kg, 65kg, 70kg, 75kg, 80kg, 85kg, 90kg, 90+kg.
2. Women's Sanda Events: 48kg, 52kg, 56kg, 60kg, 65kg, 70kg, 75kg.

### B. Participation Methods

1. Each country or region may enter one (1) team.
2. Each team shall be composed of maximum twenty-two (22) members, including one (1) team leader, two (2) coaches, one (1) team doctor, eighteen (18) competitors (11 men and 7 women).
3. Each team may enter only one (1) athlete per weight category.
4. Only competitors between 18 and 40 full years of age, born from January 1, 1984 to December 31, 2006, will be accepted.
5. Adult Sanda competitors must provide a valid Health Certificate (including EEG, ECG, pulse, and blood pressure), doctor's clearance notes, issued within 30 days before the competition by a qualified doctor, and blood test\*. Additionally, they need to have Life Accidental Injury Insurance. Also, 1) All competitors must submit a signed Waiver of Liabilities form. 2) Either EEG testing documentation or an EEG completed waiver is required.

\*Athletes must provide a copy of blood test proof (tested within a year) at the time of weight-in the latest:

- Hepatitis B surface antigen test
- Hepatitis C Antibody test
- HIV Screening





# 14th PAWC Regulations



## C. Competition Methods

1. The competition will be Individual Competition.
2. The single knockout system will be adopted. If the number of competitors is three (3), a single round-robin method will be adopted.
3. Following arrival and registration, the athletes will undergo the official procedures of weighing (once throughout the entire competition) and drawing lots according to the schedule stipulations.
4. Unless otherwise stated within these regulations, the competition will be conducted in accordance with the “2017 IWUF Rules of International Wushu Sanda Competition”.
5. The power of interpretation of the Rules rests solely with the PAWF.

## D. Costumes and Equipment

1. Each competitor must possess two (2) sets of costumes: one (1) set in blue and one (1) set in red.
2. Each competitor is required to possess their own mouth guard, jockstrap, and instep guard.
3. Gloves and protective equipment will be provided by the Organizing Committee.
4. Competitors of the Islamic faith are required to prepare their competition costumes in line with the relevant article within the “2017 IWUF Wushu Sanda Competition Rules & Judging Method”.

## E. Placing and Awards

1. The top three athletes within each weight category will receive a placing and award for both men and women.
2. Third place athletes will be placed in juxtaposition.





# 14th PAWC Regulations



## IX. SANDA JUNIOR CHAMPIONSHIPS EVENTS

### A. Age Group

1. **Junior Sanda Athletes:** maximum of eight (8) boys and four (4) girls who were born from January 1, 2007 to December 31, 2009.
2. **Children's Sanda Athletes:** maximum of five (5) boys and three (3) girls who were born from January 1, 2010 to December 31, 2012.
3. **Kid's Sanda Athletes:** maximum of five (5) boys and three (3) girls who were born from January 1, 2013 to December 31, 2017 (see divisions below).

### B. Junior Sanda Competition

1. Boy's Sanda Events: 48 kg, 52kg, 56 kg, 60 kg, 65kg, 70kg, 75kg, 80kg.
2. Girl's Sanda Events: 48kg, 52kg, 56kg, 60kg, 65kg

### C. Children's Sanda Competition

1. Boy's Sanda Events: 36kg, 39kg, 42kg, 45kg, 48kg, 52kg, 56kg, 60kg, 65kg, 70kg
2. Girl's Sanda Events: 36kg, 39kg, 42kg, 45kg, 48kg, 52kg, 56kg, 60kg

### D. Kids's Sanda Competition (Division 6-8, born in 2016 - 2018)

1. Boy's Sanda Events: 24kg, 27kg, 30kg, 33kg, 36kg
2. Girl's Sanda Events: 22kg, 24kg, 27kg, 30kg, 33kg





# 14th PAWC Regulations



## E. Kids's Sanda Competition (Age 6-11, born in 2013 & 2018)

1. Boy's Sanda Events: 27kg, 30kg, 33kg, 36kg, 39kg, 42kg
2. Girl's Sanda Events: 24kg, 27kg, 30kg, 33kg, 36kg

## F. Participation Methods

1. Each country or region may enter one (1) team.
2. Each team shall be composed of maximum thirty-two (32) members, including one (1) team leader, two (2) coaches, one (1) team doctor, twenty-eight (28) competitors (18) boys, and (10) girls.
3. Each team may enter only one (1) athlete per weight category.
4. Junior Sanda competitors must provide a valid Health Certificate (including physical, pulse, and blood pressure), doctor's clearance notes, issued within 30 days before the competition by a qualified doctor and a Life Accidental Injury Insurance Certificate. All competitors are required to submit a completed and signed waiver of liabilities form. Also, 1) All competitors must submit a signed Waiver of Liabilities form. 2) Either EEG testing documentation or an EEG completed waiver is required.

## G. Competition Methods

1. The competition will be Individual Competition.
2. The single knockout system will be adopted. If the number of competitors is three (3), a single round-robin method will be adopted.
3. Following arrival and registration, the athletes will go through the initial weighing in and drawing lots of formalities as stipulated in the schedule.





# 14th PAWC Regulations



4. Unless otherwise stated within these regulations, the competition will be conducted in accordance with the “2017 IWUF Rules of International Wushu Sanda Competition”.

## 5. Rules for Junior (age 15-17)

- Highlight: Prohibited to continuously punch to the head or use leg techniques targeting the head
- Time: 90s per round, stopping on time

## 6. Rules for Children (age 12-14)

- Highlight: Prohibited to continuously punch to the head or use leg techniques targeting the head
- Time: 90s per round, stopping on time

## 7. Rules for Kids A (age 6-8), Kids (age 9-11)

- Highlight: No striking or kicking to the head
- Time: 60s per round, stopping on time

8. The power of interpretation of the Rules rests solely with the PAWF.

## H. Costumes and Equipment

1. Each competitor must possess two (2) sets of costumes: one (1) set in blue and one (1) set in red.
2. Each competitor is required to possess their own mouth guard, jockstrap, and instep guard. **For children 14 and under categories, each competitor is to bring his/her own gloves and protective equipment.**





# 14th PAWC Regulations



3. Competitors of the Islamic faith must prepare their competition costumes in accordance with the relevant article in the “2017 IWUF Wushu Sanda Competition Rules & Judging Method”.

## I. Placing and Awards

1. The top three athletes within each weight category will receive a placing and award for both men and women.
2. Third place athletes will be placed in juxtaposition.

## X. QUALIFICATIONS

### A. Membership

Only those federations/associations which have paid their PAWF annual membership fees for 2023 and 2024 will be permitted to participate in the 14th PAWC. New PAWF member federations may be invited to take part in the 14th PAWC after their membership applications have been accepted by the PAWF Executive Board.

### B. Nationality

1. Athletes must have citizenship of the same nationality as the country which they are representing.
2. Athletes who have dual citizenship can only represent one (1) country in the championships.

## XI. REGISTRATION

### A. Preliminary Entry





# 14th PAWC Regulations



The Preliminary Entry Form must accurately specify the number of athletes participating in the competition to facilitate the organizers in preparing the event accordingly. The Preliminary Entry Form or information can be filled out via the online registration website <https://gowushu.com/registration/>. The Organizing Committee will send formal invitation letters based on the information provided by each participating team, including formal visa invitation letters. The deadline for pre-registration is June 16, 2024, no later than 24:00 (Pacific Standard Time).

## B. Final Entry

1. All Final entries must be submitted through the registration website <https://gowushu.com/registration/>. The deadline for pre-registration is 24:00 (Pacific Standard Time) on July 16, 2024.
2. All final entry information must be completed in full, including the registration of athletes' Degree of Difficulty Techniques in the relevant section
3. Post-deadline Entries or Changes: After the Final entry deadline, any information change (including late entry) will be handled as follows:
  - a. Late entries are subject to the approval of the PAWF and, if accepted, are subject to a late-entry fee of US \$100 per athlete.
  - b. Replacing athletes is subject to approval of the PAWF and, if accepted, is subject to a replacement fee of US \$100 per athlete.
  - c. Changes due to incorrect or missing registration information are subject to the approval of the PAWF and, if accepted, are subject to a change fee of US \$100.
  - d. The above fees must be paid in cash to the LOC Secretariat before the Team Check-in.







# 14th PAWC Regulations



Late Entry	Replacement	Information Change
US\$ 100	US\$ 100	US\$ 100

3. After the drawing of lots, no further modifications to athletes' information will be allowed. Athletes who cancel their participation for any reason will be considered as forfeiting the competition, and no refunds will be issued.

## XII. ARRIVAL & ACCREDITATION

### A. Arrival

#### 1. Airport Transportation

Teams will be provided transportation to and from SFO, SJC, and OAK International Airports on August 29, 30, and September 2. Specify different arrival or departure dates during final registration.

#### 2. Local Transportation

The Organizing Committee will provide transportation between official hotels and venues via shuttle buses throughout the competition from August 29 to September 2. A detailed schedule will be provided upon arrival.

### B. Accreditation (Participants need to TEAM check in first before proceeding to hotel accommodation.)

#### 1. Accreditation and Check-In Centers Hours:

August 29: 10:00 to 12:00 and 13:00 to 18:00, August 30: 10:00 to 12:00 and 13:00 to 16:00

**\*The Sanda team must check in on August 29, because the Weigh-in time is August 30, 7:30 am - 9:00 am.**

#### 2. At the Accreditation Center, the Team leader must complete the following process:





# 14th PAWC Regulations



- 1 Present each team member's passport
- 2 Please confirm if the national anthem and flag are correct (To confirm in advance, please contact [USAWKF@USAWKF.org](mailto:USAWKF@USAWKF.org).)
- 3 Submit valid Medical Certificates
- 4 Submit valid life and liability insurance certificates
- 5 Submit the signed Waiver of Liabilities with photo
- 6 Submit the signed EEG Waiver for Sanda
- 7 Pay the relevant participation fees in full (if applicable)
- 8 Pay the relevant penalty fees in full (if applicable)
- 9 Sign and confirm all the above items are completed

### 3. Team Check-in Deadline:

All Teams must check-in at the Santa Clara Convention Center lobby check-in center by 16:00 (Pacific Standard Time) on August 30, 2024, and all judges must check-in by 12:00 (Pacific Standard Time) on the same day.

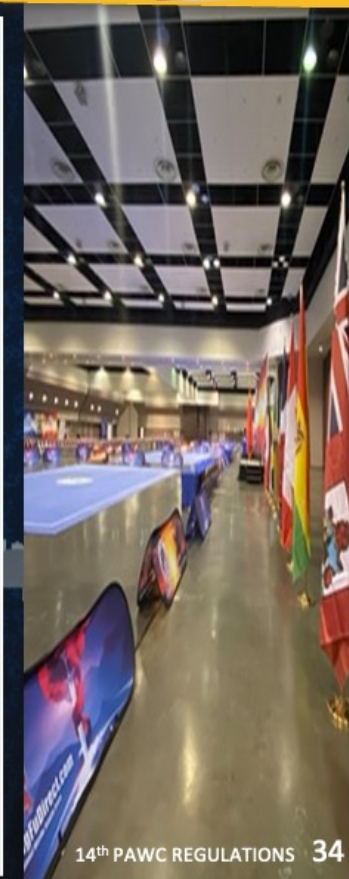
4. After data verification, the delegation can collect team competition credentials and materials at the Accreditation Center before 16:00 (Pacific Standard Time) on August 30, 2024.

## XIII. PARTICIPATION FEE AND PAYMENT METHODS

### A. Hospitality Fee:

Includes hotel accommodations and expenses related to local transportation during the competition period (including airport pick-up and drop-off, and transportation between the hotel and venue).

1. 4-Star Hotel Fee: (Per Person, Per Night \* Room rate includes 17.13% taxes.)





# 14th PAWC Regulations



Single (One Bed)	Double (Two Bed)	Triple (Two Bed)	Quad (Two Bed)
\$239	\$159	\$119	\$99

## 2. 3-Star Hotel Fee: (Per Person, Per Night)

Single (One Bed)	Double (Two Bed)	Triple (Two Bed)	Quad (Two Bed)
\$219	\$139	\$109	\$89

### \* **Mandatory Stay at Designated Hotel:**

All minor participants must stay with at least one adult guardian (parent or legal guardian) at the designated hotel ( Hyatt Hotel Guests must be 21 years or older to check-in to the hotel) . Only those staying at the designated hotel will be eligible for airport transfer services provided by the event organizers.

2. Hotel check-in is available after 15:00 (Pacific Standard Time).
3. If teams wish to extend the stays before or after, each team is responsible to book it separately with the hotels. Airport transfer is NOT covered for early arrival prior to Aug 29, and/or late departure after Sep 2.
4. Hotel reservations are on a first-come, first-served basis. Early reservations are advised. Availability cannot be guaranteed if hotels are fully occupied by other teams.





# 14th PAWC Regulations



## B. Participation and Registration

- 1. Participation:** Team leaders, coaches, observers, and athletes must register before the registration deadline. The participation credentials and corresponding wristbands issued by the organizing committee are required for enter the competition venue and utilize transportation services.
- 2. Registration and Event Fee:** Team leaders and coaches are registered free of charge, observers pay \$50 for registration, and athletes pay \$120 for registration, plus \$50 for each event.

**C. Ticket wristbands:** Full 3-day all-event access is \$50

**D. Payment Methods:** Participants can make payment through the online registration system, the organizing committee also accepts bank transfers, checks and cash payments.

Bank Name	Wells Fargo Bank
Account No.	Please Email <a href="mailto:KungfuDirect@gmail.com">KungfuDirect@gmail.com</a> for detail information
Beneficiary	World Taiji Science Federation
SWIFT Code	WFBIUS6S
Bank Address	10260 S De Anza Blvd, Cupertino, CA 95014
Check	Payable to: World Taiji Science Federation, Address: 1020 Commercial Street, Suite 102, San Jose, CA 95112
WeChat	Pay to (USAHQF)
PayPal	<a href="mailto:Pay@Gowushu.com">Pay@Gowushu.com</a>
Zelle	Pay able to 408-582-8269, Qiu Zhen He

\*All credit card transaction fees, totaling 3.9%, and associated services shall be the responsibility of the payer.





# 14th PAWC Regulations



## XIV. TECHNICAL MEETING

1. The Technical Meeting will take place at Exhibition Hall A of the Convention Center on 13:00-14:00, August 30, 2024. Each Team should send 1-3 representatives to attend the meeting.
2. The Technical meeting content will be presented as follows:
  - PAWF Event Guidelines (PAWF representatives)
  - Event Logistics Information (Organizing Committee representatives)
  - Event Technical Details (PAWC Technical Committee representatives)
  - Other matters
3. After completing the registration data verification, the delegation can collect the team competition credentials and competition materials at the Accreditation Center.

## XV. DRAWING OF LOTS AND WEIGH IN

### A. Taolu Drawing of Lots

1. **Date and Time:** July 30, 2024, from 8:00 AM to 11:00 PM Pacific Time
2. **Method:** The competition will utilize an online draw to determine the order of appearance for each group of athletes.
3. **Preparation:** All team coaches and individuals must carefully review the competition information before the draw date.
4. **Participation:** Team leaders, coaches, or athletes themselves can participate in the online draw through the online competition registration system account or web link <https://gowushu.com/registration/>.





# 14th PAWC Regulations



5. **Consequences:** Athletes who miss the draw or do not participate in it will be randomly assigned by the organizing committee.

## B. Sanda Drawing of Lots and Weigh-In

### a. Drawing of Lots:

- Date and Time: August 30, 2024, from 15:00 to 16:00
- Location: Sanda Venue

### b. Weigh-In:

- Date and Time: August 30, 2024, from 7:30 to 9:00
- Location: Great American Ballroom
- Requirements: Accreditation cards and passports must be presented at each weigh-in session.
- Consequences: A Sanda athlete's failure to attend any required weigh-in will result in his/her disqualification from the competition.

Note: After the drawing of lots, no further modifications to athletes' competition information will be allowed.

## XVI. TECHNICAL OFFICIALS & JURY OF APPEALS

### A. Judges (Referees)

#### 1. Appointment of judges:

- Each team may submit at least one (1) Taolu judge and one (1) Sanda judge to officiate at the PAWC. The PAWF will appoint independent judges at its discretion to serve at the 14th PAWC.
- All judges for the 14th PAWC must hold a valid IWUF International Judging License or PAWF Intercontinental Judging License at the time of the competition.





# 14th PAWC Regulations



c. The PAWF will appoint independent judges at its discretion to serve at the 14th PAWC.

## 2. Judges' Uniform Requirements:

All judges shall prepare their own black pants, white shirt, and black leather shoes.

## B. Jury of Appeals and Appeals Procedures

The Jury of Appeals and appeals procedures shall comply with the 2019 IWUF Wushu Taolu Competition Rules & Judging Methods and the 2017 IWUF Wushu Sanda Competition Rules & Judging Methods.

## XVII. SUPERVISORY COMMISSION

### A. Establishment:

A 14th PAWC Supervisory Commission shall be established by the PAWF to resolve disputes and investigate issues that arise during the 14th PAWC ensuring smooth event execution.

### B. Composition:

The Supervisory Commission comprises three to five (3-5) members appointed by the President of the PAWF.

### C. Responsibilities:

- Ensure adherence to principles of fair play, impartiality, and transparency.
- Handle disputes between NFs, teams, and the LOC.
- Represent the PAWF in coordinating between NFs, teams, and the LOC.
- Report irregularities or violations to the PAWF President and Executive Board.
- Monitor NFs' responsibility for athletes' general attitude and comportment.





# 14th PAWC Regulations



**D. Scope:** The Commission oversees Championships management and dispute mediation for the entire event duration but does not interfere with competition proceedings or internal disputes, which are the responsibility of the Jury of Appeals and relevant judging panel.

## XVIII. OTHER COMPETITION REQUIREMENTS

### A. Passport & Visa Support

All participants of the 14th PAWC must possess a valid passport and should allocate sufficient time for visa application and processing. To minimize complications during visa application and travel, it is recommended that participants' passports remain valid for at least six months following their final day of travel. Teams requiring visa invitation letters should make their requests in the Preliminary Entry Form by 24:00 (Pacific Standard Time) on June 16, 2024.

### B. Responsibility of the NFs

NFs are accountable for ensuring that their officials, coaches, athletes, and observers adhere to the principles and rules established by the IWUF, PAWF, and PAWC, as well as those set forth by the Organizing Committee. NFs must ensure that their participants uphold the highest standards in all their actions during the event.

### C. Fundamental Principles

All NFs' team members participating in the 14th PAWC must observe and respect the constitutions, rules, regulations, and representatives of the IWUF and PAWF. Individuals found to act against the PAWF, its principles, interests, or purpose may face suspension, expulsion from the event, and/or cancellation of accreditation.







# 14th PAWC Regulations



## E. Attitude of Athletes

Athletes compete under the responsibility of their NFs, with NFs bearing full responsibility for their athletes' general attitude and comportment.

## F. Image of Athletes:

Each NF is responsible for obtaining rights from the IWUF, PAWF, and LOC to use its athletes' images for promotional purposes in all forms.

**G. Insurance:** NFs are solely responsible for insuring their athletes against injury and third-party risk (public liability) during the 14th PAWC. The PAWF and Organizing Committee bear no responsibility for this liability.

## XIX. CONTACT ORGANIZATION COMMITTEE

LOC: World Taiji Science Federation (WTSF):  
1020 Commercial Street Suite 102,  
San Jose, CA 95112  
Website: [www.GoWushu.com](http://www.GoWushu.com)  
Phone: 408 582 8260

Organizer: USAWKF  
7710 Harford Road,  
Baltimore, MD 21234  
Website: [www.USAWKF.org](http://www.USAWKF.org)  
[usawkf@usawkf.org](mailto:usawkf@usawkf.org)

Sponsor:  
[KungFuDirect.com](http://KungFuDirect.com)  
Wushu Supply Store

## XX. PARTICIPATE MULTI TOURNAMENTS

Athletes can register for both PAWC and PAWT competitions simultaneously, as long as it is permitted by the competition regulations.

