



# 17th Golden State International Wushu Championships

(Online Video Competition)

**Hosted By:** World Taiji Science Federation (WTSF)

**Co-Hosted By:** Chinese Wushu Magazine (Official Chinese Wushu Media)

**Sponsored By:** KungFuDirect.com (KFD)

**Sanctioned By:** USA Wushu-Kungfu Federation (USAWKF)

## Online Video Competition

### I. Eligibility and Invitation

The Golden State International Wushu Championships Online Video Competition is an international event with no special restrictions, and all participants are welcome to register.

### II. Competition Categories

#### 1. Grouping Principles

- a) The competition events are categorized based on the difficulty levels of the routines. Each event already includes beginner, intermediate, and advanced routines, such as Five-Step Fist, Basic Changquan, Compulsory Routines, and Optional Routines. Participants only need to select their competition routines without separately applying for "beginner, intermediate, or advanced levels."
- b) The competition also includes traditional events corresponding to different Wushu styles and weapon categories.
- c) The grouping also considers the age distribution of participants and the number of competitors in each event.

#### 2. Online Competition Categories

The online competition includes duilian (choreographed sparring) and group performances but does not include an all-around competition. Age groups are as follows:

(Age is calculated based on the participant's birth date and the actual competition date: May 24, 2025.)

- **Group A:** 6 years old and under
- **Group B:** 7 to 8 years old
- **Group C:** 9 to 10 years old
- **Group D:** 11 to 12 years old
- **Group E:** 13 to 15 years old
- **Group F:** 16 to 18 years old
- **Group G:** 19 to 25 years old
- **Group H:** 26 to 35 years old



- **Group I:** 36 to 55 years old
- **Group J:** 56 to 65 years old
- **Group K:** 66 years old and above

### III. Competition Requirements and Participation Methods

#### 1. Insurance and Liability Waiver

- a) All participants must purchase their own insurance, such as medical insurance, personal injury insurance, liability insurance, travel insurance, illness insurance, and other relevant coverage.
- b) Participants must confirm their agreement to the liability waiver in the online registration system to qualify for the competition.

#### 2. Athlete Registration

- a) Athletes may register for both onsite and online competitions. There are no restrictions on the number of events or the number of participants per team.
- b) However, each athlete can only represent one team throughout the entire competition.

#### 3. Team Registration

- a) Both individuals and teams can participate. For team entries, participants can select their affiliated team when entering athlete information. If the team name is not listed, they may add a new team in the registration system.
- b) Each team may apply for one team leader and up to two coaches by sending an email to [info@gowushu.com](mailto:info@gowushu.com).
- c) Teams with more than 20 participants may apply for one certified Wushu judge to join as an official judge upon approval by the organizing committee (email [info@gowushu.com](mailto:info@gowushu.com)).

### IV. Competition Schedule and Procedures

#### 1. Time Limits and Participant Restrictions

- a) There are no deductions for exceeding the time limit in online competitions. However, standard performance durations are:
  - Traditional Wushu and Modern Wushu: No more than 2 minutes
  - Tai Chi, Health Qigong, Tai Chi Weapons: No more than 4 minutes
  - Wushu group events: No more than 4 minutes
  - Tai Chi and Tai Chi Weapons group events: No more than 6 minutes
- b) Compulsory Wushu routines must be performed in the prescribed sequence without modifications.
- c) Duilian and group events require at least 6 participants per team. For each missing participant, 0.5 points will be deducted.
- d) If an event has fewer than three competitors in an age group, it may be merged with a similar event.



## 2. Online Video Submission Requirements

- a) Before and after the routine, athletes must face the camera and perform the Wushu salute (palms together in front of the chest).
- b) Videos must be recorded using a single camera at an adult's eye level. The camera may pan left or right but should maintain a clear view of the athlete throughout the performance. Editing, cutting, or scene transitions are not allowed. Multiple recordings are allowed, and participants may submit their best take.
- c) Videos must be real-time recordings with no post-production editing, audio overlays, or special effects.
- d) Filming Location Guidelines:
  - o The venue selection does not affect scoring; participants may choose indoor or outdoor locations. The priority is a safe and suitable environment for routine execution and filming.
  - o Lighting should be sufficient for judges to assess the performance.
  - o No commercial ads, religious, or political messages are allowed in the background. However, martial arts school logos and national/regional flags are permitted.
  - o Videos must be recorded within two months before the registration deadline. If a submitted video fails to meet the requirements, the organizing committee reserves the right to disqualify it, and registration fees will not be refunded.

## 3. Attire and Equipment

Competition uniforms and weapons must comply with IWUF 2024 competition rules, but specific weapon length and weight requirements are not enforced.

## V. Competition Rules

1. Competition Regulations
  - a) Modern Wushu follows the IWUF 2024 Competition Rules.
  - b) Traditional Wushu follows the IWUF 2019 Traditional Wushu Routine Competition Rules.
  - c) Health Qigong follows the 2012 Health Qigong Competition Rules.
  - d) No difficulty scoring is applied to modern Wushu events in the online competition.
2. **Arbitration Committee**
  - a) The committee is appointed by the organizing committee.
  - b) Arbitration decisions will reference IWUF 2024 Competition Rules and Arbitration Committee Regulations.
3. **Competition Management**
  - a) The event is conducted under the leadership of the organizing committee.
  - b) The final interpretation of rules and regulations belongs to the organizing committee.

## VI. Awards and Recognition



1. The online competition will award medals based on performance in each age group and gender category:
  - a) Gold Medal (First Place): Top 20%
  - b) Silver Medal (Second Place): Top 30%
  - c) Bronze Medal (Third Place): Top 30%
  - d) Participation Certificate for other competitors.
2. Online competitors will receive digital certificates via their registration account.
3. Competitors may request physical medals via a special link, but shipping and customs fees will be covered by the recipient.
4. For Asian participants, medals will be shipped from Guangzhou, China, via recipient-paid shipping.

## VII. Registration and Fees

### 1. Registration

Online registration is available at: <https://gowushu.com/registration/>

### 2. Fees

- a) Registration Fee: \$40 (¥292 CNY, excluding the first event)
- b) Each additional event: \$20 (¥146 CNY)
- c) Video uploads should be MOV or MP4 format with a maximum file size of 500MB.

### 3. Modification & Refund Policy

- a) Before the registration deadline, competitors may modify their registration by contacting [info@GoWushu.com](mailto:info@GoWushu.com).
- b) After the draw, modifications will not be accepted. No refunds will be issued for withdrawal.

## VIII. Payment Methods

- Payments must be made through the online registration system.
- Credit card transactions will include a 3.9% processing fee.
- Alternative payment options:
  - Zelle: (408) 582-8260
  - WeChat Pay: WTSFUSA

## IX. Contact Information

Organizing Committee:

World Taiji Science Federation (WTSF)

Address: 1020 Commercial Street, Suite 102, San Jose, CA 95112

Website: [www.GoWushu.com](http://www.GoWushu.com)

Email: [info@GoWushu.com](mailto:info@GoWushu.com)

Phone: (408) 582-8260

WeChat: WTSFUSA

**国际锦标赛和国家队选拔赛项目编码表 Championships and Team Trials Event Code (Form 1)**

<b>Contemporary Wushu Bare-Hand Forms 现代武术拳术</b>		410	Beginning Shaolinquan 初级少林拳	708	Other Traditional Long Weapon 其它传统长兵器	1004	Da Wu 大舞
100	5 Steps Chanquan 五步拳	411	Shaolin Hongquan 少林洪拳	709	Beginning Shaolin Staff 初级少林棍	1005	Ma Wang Dui Daoyin Shu 马王堆导引术
101	Elementary Changquan (IWuF)* 初级长拳	412	Shaolin Luohanquan 少林罗汉拳	710	Other Shaolin Staff 其它少林棍	1006	Other Health Qigong 其它健身气功
102	Other Beginning Changquan 其它初级长拳	413	Other Shaolinquan 其它少林拳	711	Beginning Shaolin Spear 初级少林枪	<b>Duilian 对练</b>	
103	3 <sup>rd</sup> Set Changquan (IWuF)* 第3套长拳	414	Yongchunquan (Wing Chun) 咏春拳	712	Other Shaolin Spear 其它少林枪	2000	Quanshu Duilian 拳术对练
104	Compulsory Changquan (IWuF 1,2set)* 规定长拳1套或2套	415	Cailiufouquan (Choy Lay Fut) 蔡李佛	713	Shaolin Pudaο or Kwandao 少林扑刀或少林关刀	2001	Quanshu with Weapon Duilian 拳术、械对练
105	Optional Changquan (No-Nandu)** 自选长拳(无难度)	416	Hongjiacquan (Hung Gar) 洪家拳	714	Beginning Shaolin Long Weapon 初级少林长兵器	2002	Shaolinquan Duilian 少林拳对练
106	Beginning Nanquan 初级南拳	417	Other Beginning Southern Bare-Hand 其它初级南派传统拳术	715	Other Shaolin Long Weapon 其他少林长兵器	2003	Shaolinquan with Weapon 少林拳、械对练
107	3 <sup>rd</sup> Set Nanquan (IWuF)* 第3套南拳	418	Other Southern Bare-Hand 其他南派传统拳术	<b>Taijiquan Form 太极拳类</b>		2004	Shaolin Staff Duilian 少林棍对练
108	Other Compulsory Nanquan*其它规定南拳	<b>Traditional Kungfu Short Weapon 传统功夫短器械</b>		800	Eight Methods and Five Steps 八法五步	2005	Shaolin Weapon Duilian 少林器械对练
109	Optional Nanquan ** 自选南拳	500	Beginning Traditional Single Straight Sword 初级传统单剑	801	24 Taijiquan 24式太极拳	2006	Taiji Duilian 太极对练
<b>Contemporary Wushu Short Weapon 现代武术短器械</b>		501	Other Traditional Single Straight Sword 其它传统单剑	802	42 Taijiquan 42式太极拳	2007	Other Duilian 其它对练
200	Elementary Jianshu (IWuF)* 初级剑术	502	E-mei,Wudang Straight Sword 峨眉、武当剑	803	32, 40 Yang Taijiquan 32式、40式太极	<b>Group Competition 集体比赛</b>	
201	Other Beginning Jianshu 其它初级剑术	503	Traditional Twin Straight Sword 传统双剑	804	56 Chen Taiji Competition Form 56式陈式太极拳套路	3000	Group 5 Step Quanshu 集体五步拳
202	Compulsory Jianshu (IWuF 1,2set)* 规定剑术1套或2套	504	Beginning Traditional Single Broadsword 初级传统单刀	805	3rd Set Taijiquan (IWuF) 第3套太极拳竞赛套路	3001	Group Beginning Changquan 集体初级长拳
203	3 <sup>rd</sup> Set Jianshu (IWuF)* 第3套剑术	505	Other Traditional Single Broadsword 其它传统单刀	806	Optional Taijiquan (No-Nandu) 自选太极拳(无难度评分)	3002	Group Shaolinquan 集体少林拳
204	Optional Jianshu (No-Nandu) ** 自选剑术(无难度)	506	E-mei, Wudang Broadsword 峨眉、武当刀	807	Yang Taijiquan 杨式太极拳	3003	Group Yongchunquan (Wing Chun) 集体咏春拳
205	Elementary Daoshu (IWuF) * 初级刀术	507	Traditional Twin Broadsword 传统双刀	808	Chen Taiji Old Form 1st Road 陈氏老架一路	3004	Group Southern Style Quanshu 集体南派拳法
206	Other Beginning Daoshu 其它初级刀术	508	Beginning Shaolin Straight Sword 初级少林剑	809	Chen Taiji Old Form 2nd Road 陈氏老架二路	3005	Group Broadsword 集体刀术
207	Compulsory Daoshu (IWuF 1,2set)* 规定刀术1套或2套	509	Other Shaolin Straight Sword 其它少林剑	810	Chen Taiji New Form 1st 2nd Road 陈氏新架一、二路	3006	Group Straight Sword 集体剑术
208	3 <sup>rd</sup> Set Daoshu (IWuF)* 第3套刀术	510	Beginning Shaolin Broadsword 初级少林刀	811	Hunyun Taijiquan 混元太极	3007	Group Kungfushan 集体功夫扇
209	Optional Daoshu (No-Nandu)** 自选刀(无难度)	511	Other Shaolin Bro+D13:D14adsword 其它少林刀	812	Chen Taiji small frame 1st road 陈氏太极小架一路	3008	Group Other Short Weapon 集体其它短兵器
210	Beginning Nandao 初级南刀	512	Beginning Other Shaolin Short Weapon 初级其它少林短兵器	813	Chen Taiji small frame 2nd road 陈氏太极小架二路	3009	Group Staff 集体棍术
211	Compulsory Nandao (IWuF) * 规定南刀	513	Other Shaolin Short Weapon 其它少林短兵器	814	Other Chen Style Taijiquan 其它陈太极拳	3010	Group Spear 集体枪术
212	3 <sup>rd</sup> Set Nandao(IWuF)* 第3套南刀	514	Kung fushan (Single or Double) 功夫扇(单或双)	815	Wu Taijiquan 吴式太极拳	3011	Group Other Long Weapon 集体其它长器械
213	Optional Nandao ** 自选南刀	515	Dagger (Single or Double) 匕首(单或双)	816	Sun Taijiquan 孙式太极拳	3012	Group Mix Quanshu and Weapon 集体功夫拳/械
<b>Contemporary Wushu Long Weapon 现代武术长器械</b>		516	Baguadao 八卦刀	817	Wu Hao Taijiquan 武式太极拳	3013	Group Nunchuck 集体双节棍
300	Elementary Qiangshu (IWuF)* 初级枪术	517	Bazhandao (Wing Chun Pah Cham Dao) 八斩刀	818	Zhaobao Taijiquan 赵堡太极拳	3014	Group 9 Section Single Whip 集体九节鞭
301	Other Beginning Qiangshu 其它初级枪术	518	Other Southern Short Weapon 其它南派短兵器	819	Wudang Taijiquan 武当太极拳	3015	Group Other Soft Weapon 集体其它软器械
302	Compulsory Qiangshu (IWuF1,2)* 规定枪术1套或2套	519	Other Traditional Short Weapon 其它传统短兵器	820	Other Taijiquan 其他太极拳	3016	Group Eight Methods and Five Steps 集体八法五步
303	3 <sup>rd</sup> Set Qiangshu (IWuF)* 第3套枪术	<b>Traditional Kungfu Soft Weapon 传统软兵器</b>		<b>Taiji Weapon 太极器械类</b>		3017	Group 24 Taijiquan 集体24式太极拳
304	Optional Qiangshu (No-Nandu)** 自选枪术(无难度)	600	Beginning Nunchuck (Single or Double) 初级双截棍(单或双)	900	32 Taiji Straight Sword 32式太极剑	3018	Group 42 Taijiquan 集体42式太极拳
305	Elementary Gunshu (IWuF)* 初级棍术	601	Other Nunchuck (Single or Double) 其它双节棍(单或双)	901	42 Taiji Straight Sword 42式太极剑	3019	Group Yang Taijiquan 集体杨式太极拳
306	Other Beginning Gunshu 其它初级棍术	602	Three Section Staff 三节棍	902	3rd Set Taijifan 第3套规定太极扇	3020	Group Chen Taiji Old Style 1st Form 集体陈式老架一路
307	Compulsory Gunshu (IWuF1,2set)* 规定棍术1套或2套	603	Single Chin Whip 九节单鞭	903	Other Taijifan 其他太极扇	3021	Group Chen Taiji New Style 1st Form 集体陈式新架一路
308	3 <sup>rd</sup> Set Gunshu (IWuF)* 第3套棍术	604	Double Chin Whip or Chin Whip with Sword 双鞭(或刀加鞭)	904	Optional Taijifan (No-Nandu) 自选太极扇无难度	3022	Group other Chen Taijiquan Form 集体其它陈式太极拳
309	Optional Gunshu (No-Nandu)** 自选棍术(无难度)	605	Meteor hammer/rope dart 流星锤/绳镖	905	Yang Taiji Broadsword 杨式太极刀	3023	Group Other Taijiquan 集体其它太极拳
310	Beginning Nangun 初级南棍	606	Shaolin Nunchuck 少林两节棍	906	Chen Taiji Broadsword 陈式太极刀	3024	Group 32 Taiji Straight Sword 集体32式太极剑
311	Compulsory Nangun (IWuF) * 规定南棍	607	Shaolin 3section staff 少林三节棍	907	Other Taiji Broadsword 其它太极刀	3025	Group 42 Taiji Straight Sword 集体42式太极剑
312	3 <sup>rd</sup> Set Nangun (IWuF)* 第3套南棍	608	Shaolin Muyangbian 少林牧羊鞭	908	Yang Taiji Straight Sword 杨式太极剑	3026	Group Yang Taiji Broadsword 集体杨氏太极刀
313	Optional Nangun** 自选南棍	609	Shaolin Chin Whip (Single or Double) 少林九节鞭(单或双)	909	Chen Taiji Straight Sword 陈式太极剑	3027	Group Yang Taiji Straight Sword 集体杨式太极剑
<b>Traditional Kungfu Bare-Hand Forms 传统拳术</b>		610	Beginning Other Traditional Soft Weapon 初级其它软兵器	910	3rd Set Taijifan 第3套规定太极剑	3028	Group Chen Taiji Broadsword 集体陈式太极刀
400	Beginning Traditional Bare-Hand 初级传统拳术	611	Other Traditional Soft Weapon 其它软兵器	911	Other Taiji Straight Sword 其它太极剑	3029	Group Chen Straight Sword 集体陈式太极剑
401	Other Traditional Bare-Hand其它传统拳术	<b>Traditional Kungfu Long Weapon 传统长器械</b>		912	Taiji Double Weapon 太极双器械	3030	Group Other Sword 集体其它太极刀剑
402	Wudang or E-mei Bare-Hand 武当、峨眉拳术	700	Beginning Traditional Spear 初级传统枪	913	Tai Ji Yang Sheng Zhang 太极养生杖	3031	Group Other Taiji Shan 集体其它太极扇
403	Chaquan,Huaquan,Paoquan 查拳、华拳、炮拳	701	Other Traditional Spear 其它传统枪	914	Other Taiji Short Weapon 其它太极短兵器	3032	Group Other Taiji Weapon 集体其它太极器械
404	Xinyi, Bagua, Baji, Fanz 形意、八卦、八极、翻子	702	E-mei, Wudang Spear 峨嵋枪、武当枪	915	Other Taiji Long Weapon 其他太极长兵器	3033	Group Baduanjin 集体八段锦
405	Ditang, Pigua, Tongbei 地躺、披挂、通臂	703	Beginning Traditional Staff 初级传统棍术	<b>Health Qigong 健身气功</b>		3034	Group Wuqinqi 集体五禽戏
406	Eagle Claw 鹰爪拳	704	Other Traditional Staff 其它传统棍	1000	Baduanjin 八段锦	3035	Group Yijinjing 集体易筋经
407	Other Xiangxingquan 其它象形拳术	705	E-mei, Wudang Staff 峨嵋棍、武当棍	1001	Wuqinqi 五禽戏	3036	Group Liuzijue 集体六字诀
408	Beginning Other Northern Style Quanshu 初级其它北派拳术	706	Traditional Pudaο or Kwandao 传统扑刀或关刀	1002	Yijinjing 易筋经	3037	Group Other TaijiQigong 集体其它健身气功
409	Other Northern Style Bare-Hand 其它北派拳术	707	Beginning other Traditional Long Weapon 初级其它传统长兵器	1003	Liuzijue 六字诀	3038	Group Taiji Yang Sheng Zhang 集体太极养生杖